

THE PRINGLE POST

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Pringle Bay dunes building up around rooikrans branches

Photo: Chris Geldenhuys

The Shifting Sands of Pringle Bay

A little over two centuries ago, stabilisation of the sandy Cape flats was carried out to allow the passage of wagons between the Castle in Cape Town and the Hottentots Holland settlements. The first route across the flats is what now exists as Voortrekker Road, stretching from Bellville to the Meerlust wine estate. Much later, since the mid-20th century, the Forestry Department implemented a policy of stabilising mobile coastal dune systems across the Western Cape. These were considered wastelands, requiring intervention to prevent their encroachment onto land with potential agricultural value. One of the earliest approaches to stabilisation was to plant Australian acacias on the mobile dunes. A species that thrived, to the extent of

becoming an aggressive alien invasive, was *A. cyclops*, known locally as Rooikrans.

Aerial photographs of Pringle Bay taken in the early 20th century, show that most of the area north-west of Buffels Road was a large mobile dune-field, devoid of vegetation. Silversands at Betty's Bay, the Hangklip Lighthouse and Maasbaai precincts and part of Brodie's Link looked quite similar. Stabilisation of these dune areas commenced in the late 1960s, triggering a series of unanticipated environmental consequences for Pringle Bay. One of these, revealed through analysis of old aerial photographs, is that our beach retreated south-eastward, quite rapidly, by about 100m.

In the late 1980s, motivated by concerns for the integrity of village

infrastructure, the Caledon Divisional Council (now the Overberg District Municipality) commissioned the Council for Scientific and Industrial Research (CSIR) to conduct a comprehensive analysis of the coastal development problems at Pringle Bay and to propose remedial actions. As the foundation of their study, the CSIR applied a set of equations for modelling the wind-blown transport potential of Pringle Bay's beach sand, based on grain size characteristics and the local wind regime.

It was calculated that, prior to dune stabilisation, the volume of sand blown off the beach into the dune-field by winter north-westerly winds

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EDITORIAL

My Pringle Bay story begins almost three decades ago. And one I enjoy telling is how my strong dislike of loud noises is a result of my parents hammering in the first floor of our beach cottage with me in the womb.

Many years later, after a happy childhood full of weekends and holidays in this wonderful village, I now have the privilege of being a temporary full-time resident.

It has indeed been both exciting and a little sad to see the quiet village I grew up knowing and loving, evolve into the bustling and vibrant community it is today. Even our house, which was once a small beach cottage, is today unrecognisable with all its attachments.

Change is inevitable – there is no denying this fact – but I believe we can, and must, ensure that Pringle Bay remains the uniquely special place it is for all of us who live here.

On this note, I am pleased and privileged to bring you this edition of the Pringle Post, returning from its long sabbatical. The aim of this newsletter is to be both informative and uplifting, creating a platform to foster an appreciation for our village and its unique placement in a recognised biosphere reserve. With topics ranging from the prehistoric origins of our surrounds to the early development and settling of this village; from the constantly shifting sands of our beach to the incredibly diverse fauna and flora we enjoy each day; from the dangers threatening our environment in the form of wildfires to the threats against our personal safety that we need to protect against; from any number of community initiatives in support of certain causes to the heroic actions of a few individuals; all these and more can be enjoyed in the following pages.

James Burns

The Shifting Sands of Pringle Bay continued

Father and son next to dune erosion on our beach after large storms in 2002 (right) and again in 2020 (below)



was balanced by the volume of sand blown back out of the dune-field onto the beach by opposing south-easterly winds. As a result, the beach and its high-water mark remained more or less in a state of equilibrium. It was concluded that, once the dune-field was stabilised with rooikrans, sand blown into the system by the north-westerly winds became trapped by the vegetation and could no longer return to the beach under the influence of the south-easterly winds, resulting in a sand deficit for

the beach. Its landward retreat was an inevitable consequence.

With public infrastructure, erven and houses having been established in the area, restoration of the dune-field to its past natural state was clearly impractical. The CSIR proposed, therefore, that the windblown in- and out-flows of sand should be managed at the interface between the beach and the immediately adjoining undeveloped, remnant dune system. The aim was to ensure that sand blown

off the beach would not be lost inland.

While the Caledon Divisional Council implemented some of the remedial actions proposed by the CSIR, for example, by establishing a series of footpaths to and from the beach, the most important management interventions were not completed. It was only some 30 years later that the PBRA dusted off the old management plan and, adopting a fresh phased approach, commissioned its implementation.

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The Shifting Sands of Pringle Bay continued

Approval for this was obtained from the Western Cape Department of Environmental Affairs and Development Planning.

In 2018, a brushwood 'fence' of cut Rooikrans branches was planted along the central section of the beach, set back about 10 m landward of the high water mark. Almost immediately, the fence caused windblown sand to deposit and accumulate on its leeward side. As the initial fence became overtopped with sand, another brushwood fence was planted on top of the embryonic dune beneath it and the process was left to repeat itself. Sand has now accumulated to the point where the newly established dune has a base of about 30 m in width and a height of 3 to 4 m above the adjacent beach.

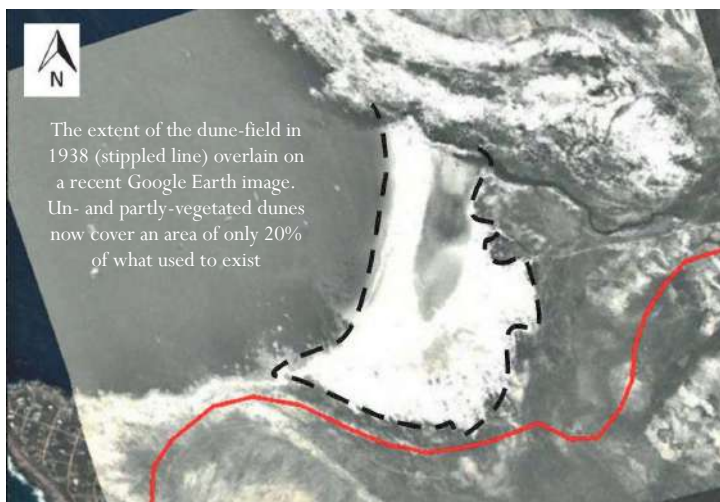
With the newly created dune in place, tied in with

adjacent semi-vegetated fore-dune sections, there have been two natural processes that have advanced the aim of beach nourishment. The first is the effect of the south-easterly winds, which redistributes sand that accumulates on the south-eastern flank of the dune. The second is the effect of winter storm waves such as those in July 2020, which caused extensive beach and dune erosion. Major events such as this are natural and not unusual; they tend to occur on a few occasions each decade. Carried in suspension by breaking waves, eroded beach sand, which is deposited within the surf-zone, is gradually returned to the shore. The beach typically regains its pre-storm profile within 6 to 12 months. Minor erosion of the beach occurs almost every winter, with relatively rapid recovery within months.

A very promising start has been made with implementing Pringle Bay's beach management plan. However, it is important that the municipality continues with maintenance of the dunes, the beach access footpaths and other aspects of the



Rooikrans fences being planted
Photo: Chris Geldenhuys



Above: A 1938 aerial photograph of Pringle Bay with present-day Hangklip Road for reference

Below: A more recent Google Earth satellite image with the extent of the 1938 dune-field un- and partially-vegetated dunes now only 20% of what it used to be



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plan. The initial Rooikrans brushwood fences are beginning to decay and a new fence will need to be planted before the onset of next winter in order to maintain the fore-dune that has been established so successfully. The public can also assist in maintaining the vitality of our dune system by remaining on the footpaths to gain access to the beach and by not trampling the pioneer and shrub-land dune vegetation.

*Mike Burns and
Roger Parsons*

A Brief History: The origins and evolution of Pringle Bay

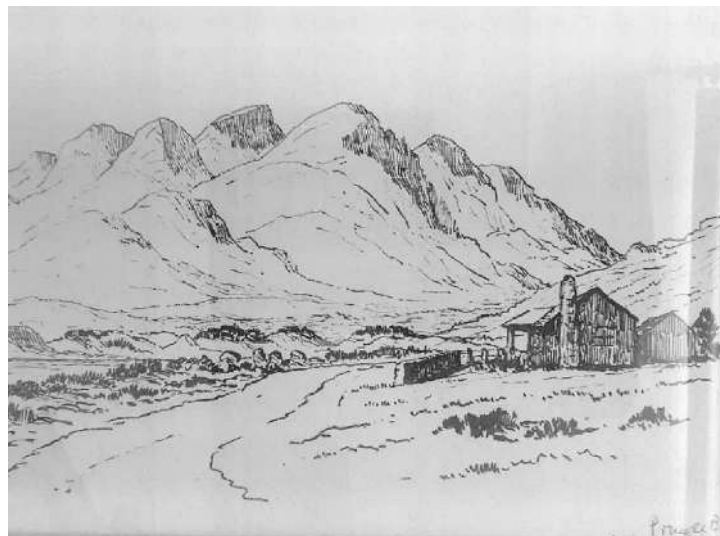
Pringle Bay, first named Gordon's Bay after the Scotsman Colonel Robert Gordon in 1777, was renamed Pringle Bay in 1796 after Rear Admiral Sir Thomas Pringle. Gordon, a proud soldier who commanded the Dutch forces prior to the first British occupation in 1795 and who fought at the battle of Blaauwberg, committed suicide after the British annexed the Cape with their victory at Muizenberg.

In 1739, the area known as Pringle Bay today was part of a much larger farm called Welgemoed. The Dane, Andreas Grové, received the first grazing rights on it but, barely two years later, could not cope with the drosters (runaway slaves and outlaws) in the region. Both Welgemoed and Waaigat (Rooi-Els), which was first granted to Nicolas Mulder, were then taken over by Jacobus Louw.

During 1885, Sea Farm Fisheries was established by

the Walsh brothers, who employed Filipino and Malaysian fishermen for their enterprise at Holbaai. Holbaai is situated between Betty's Bay and Pringle Bay in the vicinity of the Hangklip. Today this area is a private nature reserve known as Sea Farm.

It would seem that for a long period only the drosters actually lived in the area until the Hangklip Beach Estate, founded by three developers, Harold Porter, Jack Clarence and Arthur Youldon, established the township in 1936, after having obtained the land from the Walsh brothers. A street plan was laid out, roads built and plots surveyed but only a handful of houses were subsequently built at the foot of the Pringle Peak along Hangklip Road. The launching of the township development was ill fated however, with WWII breaking out three years later in 1939. The entire area from the Steenbras to Palmiet was requisitioned for military purposes, in particular to install radar systems to



Proposed sketch for a house on Hangklip Road in 1950

monitor allied forces' supply convoys around the Cape which were vulnerable to German U-boat and surface attacks. As a result of this, the Union Defence force established the Special Signals Services, referred to as the SSS, to develop a top-secret radar system for monitoring U-boat, ship and aircraft movements. The first radar system to be installed in the area was called the "JB" (Johannesburg built) and was installed in 1942 as an anti-aircraft support role on Hangklip. The system was high up on the mountain with the personnel quarters at the foot of the mountain where the Hangklip Hotel is today. The concrete structure, consisting of two rooms with windows and a door is still intact though encroached upon by the surrounding vegetation. The personnel barracks behind the hotel are also still intact. The other two radar systems in the area were installed at Silversands and Stoney Point in Betty's Bay. It formed part of a larger system of 17 radar stations along our coast stretching from St Lucia to Elandsbaai.

Long after the end of WWII in 1945, during the 1970's, another

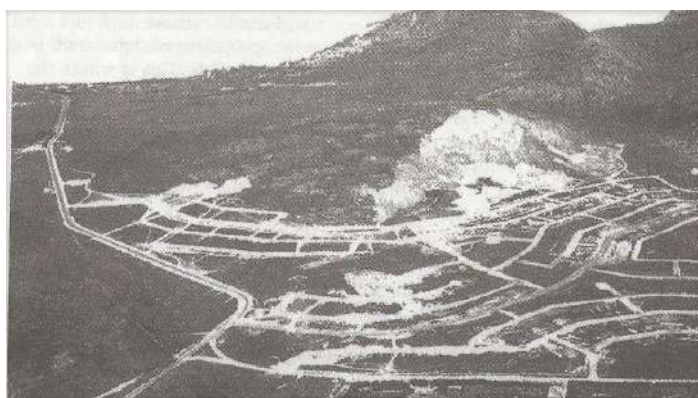
developer decided to re-develop Pringle Bay with a new street plan.

By the 1980's, Pringle Bay was reported to have been built up by 14% only, showing a rather sluggish appetite for development at the time. When electricity was introduced in the village in 1992, the situation changed drastically and the development tempo increased substantially. According to SA Stats, there were 428 households and 801 individuals living in Pringle Bay during the 2011 Census. Today, Pringle Bay, located 86 kilometres from Cape Town along the scenic R44 Clarence Drive, has become a much sought-after holiday resort village as well as a destination for permanent residences. Together with its neighbouring villages of Rooi-Els and Betty's Bay, it forms part of the buffer zone to the UNESCO declared Kogelberg Biosphere Reserve, known for its fynbos vegetation, dramatic landscapes and beaches. The splendid natural character of the environs, with its impressive mountain backdrops and ridges, sloping down towards the Atlantic Ocean to form coastal terraces on which the village is situated, must count among the most spectacular in the Cape.

Adapted from

'Heritage Statement'

by Raymond Smith (2019))



Pringle Bay roads and developments in 1973

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Prescribed Burning in the Fynbos

Summer is here, and with it comes the fire season. The fynbos vegetation that surrounds us is fire-prone, and in fact the occasional fire is necessary to keep fynbos healthy. In the 1960s, the Department of Forestry was in charge of what was then called the Kogelberg State Forest when the decision was taken to switch from a policy of fire suppression to one of deliberately burning the veld - prescribed burning. The story of how prescribed burning came to be accepted policy is centered on the charismatic marsh rose (*Orothamnus zeyheri*). The future of this species was of concern to early 20th century botanists because it was rare, supposedly sensitive to fire, and subject to over-harvesting for the flower trade.

The remaining marsh roses were initially protected by fencing them off and hoeing a firebreak around the fence to protect them from fire. The immediate effect was that marsh rose seedlings came up in the firebreak outside of the fence, which triggered a decision to burn areas where marsh roses occurred. The first burn took place in 1968, and subsequently the Kogelberg was managed by burning fixed blocks once every 12 years.

Initially, burning was conducted in spring, but research emerged to suggest that these were detrimental.

As a result, prescribed burning was only possible in

the autumn, and this made it more difficult to find enough suitable days to complete the burning plans. The Department of Forestry continued with its policy of prescribed burning until 1986, when the management functions of the Department were transferred to Cape Nature, with a significant reduction in operating budgets, and without many of the experienced staff that would be needed to carry out fire management. Thus, despite the policy of prescribed burning still being in place, fewer and fewer burns were carried out, and unplanned wildfires once again became the order of the day. Studies showed that in the 37 years between 1970 and 2007, there were 98 fires in the Kogelberg that collectively burnt over 70 000 hectares. Only a small proportion (15%) of the area was burnt in prescribed burns – the rest was burnt in unplanned wildfires.

In 1998, the new Veld and Forest Fire Act came into being, and with it the rules for conducting prescribed burns changed as well. These rules, although well-intended, place further constraints on prescribed burning because they require wide consultation and bureaucratic machinations



Above: Destructive wildfires between Pringle Bay and Rooiels in March 2017

Below: Invasive pine trees outside Pringle Bay



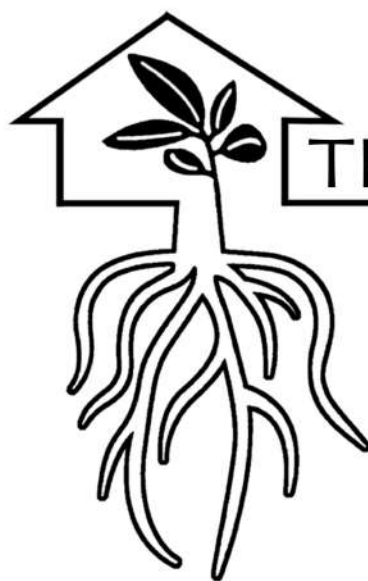
before permission to burn can be granted. The net result, of course, is that almost all fires now take place in the form of unplanned wildfires, as our environment makes fires inevitable – lots of flammable vegetation, frequent spells of

hot, dry and windy weather, and abundant sources of ignition (including lightning and the ill-considered use of fireworks in the festive season).

continued on pg6



Below: The Marsh Rose - *Orothamnus zeyheri*



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Prescribed Burning in the Fynbos continued

Fortunately, most of the vegetation in the Kogelberg has burnt in the past few fire seasons, so there is not a lot of dense vegetation to pose an immediate fire hazard. However, the vegetation between Pringle Bay and Betty's Bay (Hangklip and the Brodie Link) has not seen a burn for 25 years, and does pose a risk. While this should be subjected to a burn sometime (to prevent an otherwise inevitable wildfire), it is also not desirable from a conservation point of view to have all of the vegetation in the greater Kogelberg Biosphere Reserve in the young post-fire age class. Older veld is necessary as a refuge and resource for wild birds and other animals, and at least some older veld should be retained in the landscape until at least a fair proportion of the younger vegetation has reached maturity. It may be necessary to consider dividing the Hangklip block into several smaller sections so that a mosaic of different veld ages could be developed over time.

Landowners should of course also always make sure that they reduce the fuel loads and other risks on and around their properties. But what else can be done? The Kogelberg Biosphere Reserve is becoming invaded by several species of alien trees, most notably pines from Europe, and rooikrans and myrtle (both from Australia). The one positive thing that can be done is to help reduce the incidence of invasive alien plants in the area, and especially pine trees. Pine trees are native to the northern hemisphere, and are spreading at an alarming rate. Research has clearly shown that pine trees add to the fuel loads for wildfires,

increasing their intensity and exacerbating the damage that they do. Again, fortunately, the situation can still be corrected in our area if all landowners take steps to clear pines (and other invasive plants) from their land, and to keep the land clear. If an area is to be burnt, it is best to fell all of the pine trees first, so that the seeds can be released from the cones, and subsequent seedlings killed in the fire. After

burning, the task of then felling the surviving invasive trees and uprooting the remaining seedlings will be much easier. I would encourage you to join the very active local hack group, who can be contacted via the Facebook group: *Hackers of the Kogelberg*, or contact *Chris Geldenhuys* on 0829008299.

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The Miracle of a Life Saved

How does one react when a stranger comes knocking on your door out of the blue one morning? This is the situation that Yolanda Fouché, a long-time resident of Pringle Bay, found herself facing earlier this year. But her initial irritation and suspicion quickly disappeared after hearing that her husband, Jacques, had collapsed some 300m down the road while returning from his usual morning run with the dog.

Elsewhere in the village, a local paramedic received a call through the Pringle Bay Emergency phone number. Morné Lloyd, after deciding to visit family during a very welcome, post-festive season break, had fortunately been delayed, by the usual last-minute things, from departing earlier that very morning! Less than 5 minutes after receiving the call, Morné arrived on the scene where Jacques had collapsed of a heart attack and was now lying motionless surrounded by a group of concerned neighbours. Using his extensive paramedic training, he quickly evaluated the situation and prepared to deal with what was

undoubtedly a very serious emergency. After realising that this patient was in fact not a stranger to him, and known as a very active man (guiding safari tours, running marathons, etc.), Morné quickly proceeded to check for vital signs, all the while remaining professional and calm. The absence of a pulse, unresponsive pupils and an ashen grey appearance confirmed the worst, Jacques was dead.

He immediately proceeded to perform CPR while connecting the pads from an AED (Automatic External Defibrillator). This would analyse heart rhythm and deliver a shock to restore normal rhythm if possible. It was by no means certain that there would be any shockable rhythm and Morné was doubtful that the AED would be effective.

Against all expectations, the machine detected a rhythm after a few tense moments of analysing. The required shock was delivered and a pulse could be felt to Morné's indescribable relief and utter amazement at what was nothing short of a miracle!

Having already called ER24 emergency services, Morné had just managed to hook Jacques up to a drip before the ambulance arrived with its much welcomed support team who were quickly brought up to speed. Amy Tome, the senior paramedic, proceeded to perform an unusually difficult intubation procedure due to the patient's compromised airway, which was causing him to breath with difficulty.

After the ER24 team had stabilised Jacques, he was transported to the Vergelegen Mediclinic in Somerset West where he received the ministrations of the trauma doctor and later a cardiologist. Due to the lack of an accurate time frame relating to the incident, and thus an unknown period of oxygen deprivation, the possibility of memory or brain damage was all too real. Another miracle, however, saw Jacques through a remarkable recovery from a ventilator in the ICU to breakfast and a family reunion the next morning. Following an angiogram at Tygerberg Hospital, open-heart surgery, and a few days of recovery,



Above: Morné Lloyd - one of our trusted local paramedics.

Jacques was discharged to return home to Pringle Bay a month before his 60th birthday celebration!

There are many lessons to be learnt from this incredible 'resurrection' story, but the focus is now placed on the heroic response and actions of Morné and all those involved in the saving of a life! It was thanks to the initiative of the Pringle Bay Ratepayers Association and a number of anonymous donors that allowed Morné to complete his paramedic studies and now serve our village in such an important way.

Thank you Morné and Colleen, we are glad to know you are here to answer the call!


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What's In A Name?

Place names are anchors, of major social importance, and it often seems that modern society has turned its back on the importance of history and origins represented by a name. Residents, landowners and visitors to our village should know more about this place they love so much.

Pringle Bay was originally known as Gordon's Bay. In 1796 it was renamed after Vice Admiral Thomas Pringle of the Royal Navy, who commanded the naval station at the Cape in the

late 1790's. He was the only son of Walter Pringle of St. Kitts and his wife Eleonara Lidderdale of Roxburgh, Scotland. Thomas Pringle died on 8 December 1803 in Edinburgh, Scotland and was buried two days later in the Greyfriars Kirk graveyard. The tombstone is bare of any memorials or inscriptions (there was no inscription back in 1867 when a record was made of all the tomb inscriptions in the churchyard). His family paid the church 2

pounds and 11 shillings for the funeral, plus 1 pound and a shilling as a donation for the poor.

Pringle Bay'ers should not forget the legacy of our village's name in a time where place names seem to change so rapidly, with little care for the loss of heritage. An effort should be made to preserve this history, perhaps with an authentic photograph or portrait of Vice Admiral Thomas Pringle to display in the Community Hall.

Koos Botha

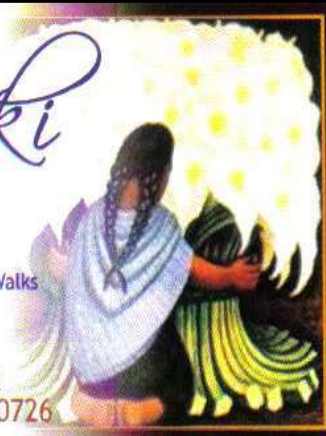


Above: Bench near the unmarked grave of Thomas Pringle in Scotland

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Pringle Bay Street Watch

Ever noticed the 'We are watching you' signs found on many roads in Pringle Bay? If you have ever wondered how they came to be dotted around, here is a brief summary of how Pringle Bay Street Watch (PBSW) came into being, and some details of its operations.

Approval was sought from the community about setting up an accredited Neighbourhood Watch at a meeting in the Community Hall in February 2017. The meeting was very well attended and the Pringle Bay community gave almost unanimous approval for the motion (there were only 2 members who objected).

The following few months were the 'forming, storming, norming and performing' stages of setting up and getting PBSW functioning. There were disagreements along the way, with some volunteers leaving.

Fortunately others stepped forward to replace them, and accreditation was formally granted to PBSW by the Department of Community Safety (DoCS) on 30 August 2017.

In order to aid managing communication and spread the workload, Pringle Bay was divided into eight sections (called Sectors), each of which has a Sector Head to co-ordinate communication and support that Sector's membership base. They also investigate any reported crime in their Sector and follow this up by producing an Incident Report. PBSW uses the *Telegram app* as a means to communicate with its members and each Sector has a group for sharing security and community information. In addition, there is an *Emergency SOS group*. Strict rules apply to this group to ensure only genuine emergencies are reported on this channel.

The **Management Team** consists of: Chairperson, Secretary, Treasurer, Patrol Co-ordinator, Operations Co-ordinator, and eight Sector Heads. Co-opted roles are Admin Support and the Crime Database Compiler. All

crimes are recorded on the Crime Database. The majority of crimes recorded in Pringle Bay are house break-ins and items most likely to be stolen are cell phones, laptops, flat screen televisions, jewellery and cash.

The recording of crimes began in the 3rd week of April 2017. To the end of that year (an eight month and one week period) 76 crimes were recorded. In 2018 the full year total was 75 and in 2019 it was 72. The lockdown has had a very positive effect on annual crime figures (so far) for 2020: 17 crimes from January to October. Unfortunately the lifting of the strict COVID-19 restrictions has seen an increase in crime, with 15 of the crimes occurring between June and October.

There are a few things that you can do to make your house more secure. The first, which is crucial, is to set your alarm at night. Forgetting to do this or, in some cases, not even locking up at night, has been a contributing factor to quite a few Pringle Bay crimes. If you do not have an alarm, consider having burglar bars fitted (they are also effective in keeping the baboons out of your house!) Do not leave your belongings on display or next to an open door or window.

Opportunists are out there waiting to take advantage of any signs of lax security. Outdoor sensors, metal shutters and a dog or two can also be an effective way of keeping your house secure.

Most of our members, currently just over 600, are 'eyes and ears', whose role it is to keep a look out for suspicious activities, people or vehicles and report on their Sector Group. Members may volunteer to join our steadfast group of Patrollers and Responders, but will need vetting by SAPS before they can begin patrolling. All members can also stand to be elected to the Management Team, but again, this requires SAPS vetting. This is to ensure those in responsible roles in PBSW do not have a criminal record, which is crucial to the integrity of our Street Watch.

PRINGLE BAY STREET WATCH



**WE ARE
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If you are not a member yet, but own or rent a home in Pringle Bay, please go to pbsw.co.za and join the community trying to keep Pringle Bay safe.

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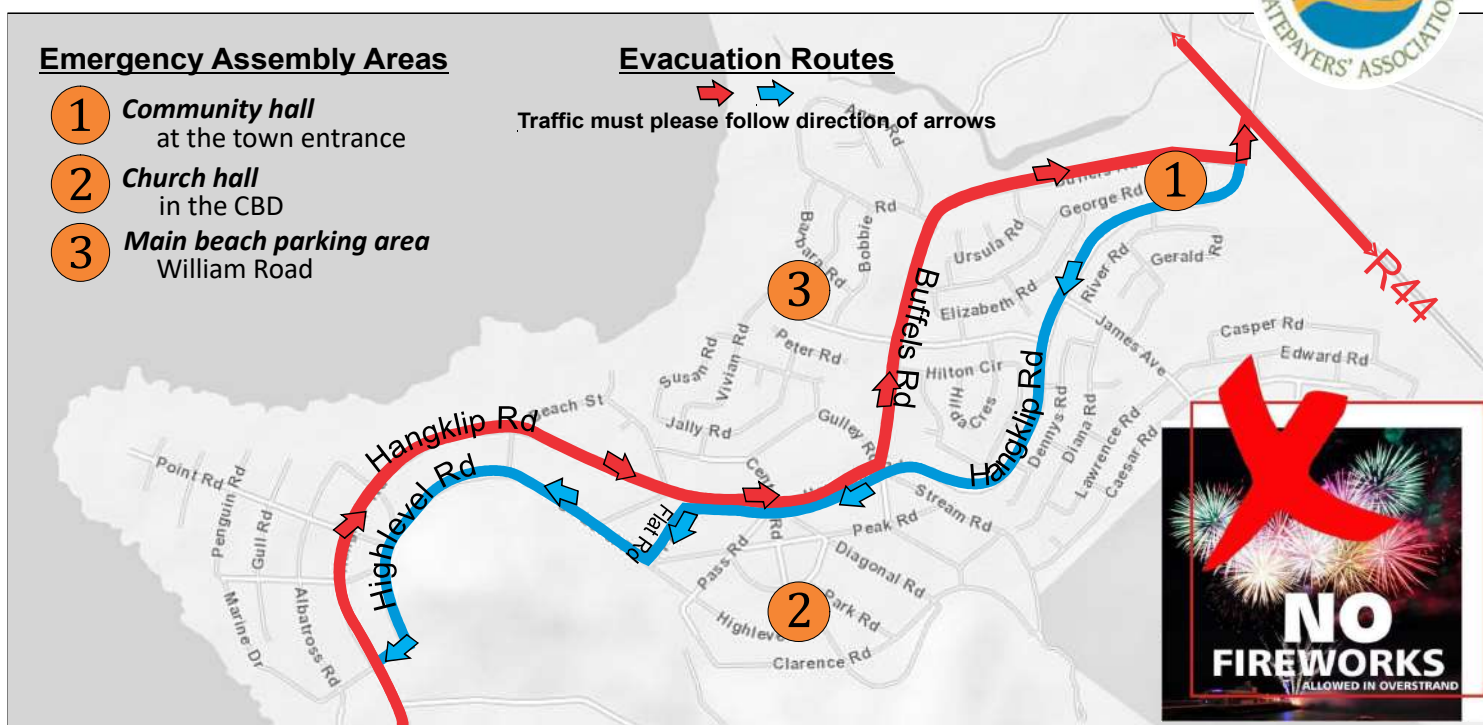


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- 1 **Community hall**
at the town entrance
- 2 **Church hall**
in the CBD
- 3 **Main beach parking area**
William Road

Evacuation Routes

Traffic must please follow direction of arrows



Report ANY fires immediately to 028 313 8980 or 076 211 4796

EMERGENCY RESPONSE PROCEDURES

Keep these instructions close at hand (e.g. pin to fridge)

- **REGISTER NOW.** Download the Telegram App on your phone; search for PRINGLE BAY DISASTER MANAGEMENT (<https://t.me/pbdmt>)
- In the event of wildfire/disaster, monitor this Telegram channel for *official instructions*
- If there is a network failure, marshals will drive through town broadcasting instructions; listen carefully and follow these instructions
- In the event that you have to evacuate: -
 - (a) Follow instructions to: *either* leave town or move to one of the three **Emergency Assembly Areas** as indicated on the map
 - (b) check on your neighbours and assist those in need
 - (c) take only essential items with you (e.g. ID, cellphone, wallet, a change of clothes, medication)
- Emergency Assembly Areas: 1 **Community hall** at the town entrance; 2 **Church hall** in the CBD; and 3 **Main beach parking area** in William Road - as an overflow area. Familiarize yourself beforehand where these assembly areas are. Also, note the emergency road **traffic-flow directions**.

https://www.westerncape.gov.za/general-publication/wildfire-season?toc_page=1

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CHARTERED ACCOUNTANT (SA)
REGISTERED AUDITOR

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Our Turbulent, Geological, Very Distant Past

If we look around at our local scenery – and for 'scenery' read geomorphology, the shape of the land – the most obvious features are the mountains and the flat areas on which most of our houses are built. So why are we so fortunate to have such spectacular scenery – sorry, spectacular geomorphology?! Well we have to look back in time a long way to find out the reasons behind it; in fact a very long way back, about 500 million years. At that time, Africa was part of Gondwana, along with South America, India, Australia and Antarctica.

Just off the coast of what is now Southern Africa, a split occurred across Gondwana and the sea filled it – rather like the present-day Red Sea. The rivers from the interior of Southern Africa drained into the Agulhas Sea carrying sediments eroded from the mountains to the north. These sediments, in the form of sand, were laid down in the shallow sea on top of an ancient rock formation, which is exposed at 'Blou Steen' along Clarence Drive. The sediments became the sandstone now known as the Peninsula Formation that forms the cliffs and part of mountains around us.

At the time when these processes were quite far advanced, this part of Gondwana was situated much further south than now. In the icy climate of the southern latitudes, glaciers covered parts of the landscape, and carried with them rock fragments and sediment. Described as tillite, this glacial material mostly consists of white pebbles, ground out of the rocks by the action of the moving glaciers. As the glaciers melted at the coast, the pebbles and other glacial sediment were deposited on top of the Peninsula Formation, mixed and cemented together with marine sands. The Sea Farm Peninsula at Hangklip is largely composed of tillite, which is revealed both along the coastal path there and at Aasbank, towards Silver Sands.

As it widened, the Agulhas Sea deepened, and it was into this marine environment that the next layer of sediments was deposited. This was a fine muddy type of material which has formed into what we call the Cedarberg Shale.

continued on pg 12



Above: South America, Africa, India, Australia and Antarctica were all part of Gondwana before the continents split

Below: The geomorphological layers can be seen in the mountains above the Buffels dam between Pringle Bay and Rooi-Els



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Our Turbulent, Geological, Very Distant Past

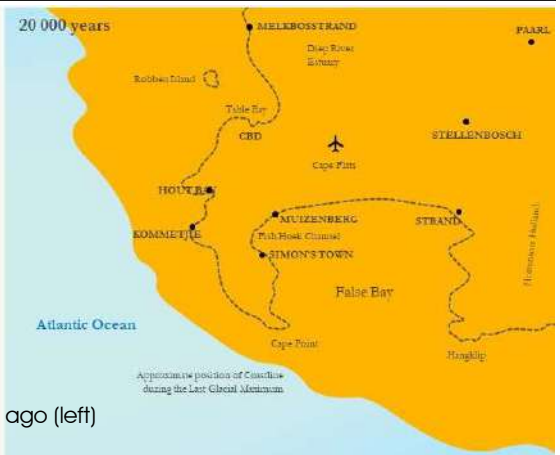
continued

This is a noticeably weaker and more easily eroded rock than sandstone, exposed in places on the mountain slopes to the east of the R44, between Bettys Bay and Rooi-Elis. A good view can be had from the Buffels Dam of the bands of sandstone, erodible shale and tillite.

If the materials from which the various rock layers were created were once marine deposits, why are the surrounding mountains now elevated above us? It is because the spreading movement that created the Agulhas Sea reversed over time, due to plate tectonic action, causing the sea to close. The massive compressive forces pushed up



Much higher sea levels apparent two million years ago (left) and lower sea levels 20,000 years ago (right)



the sandstones and other rock formations, folding them, similar to what happens to a rug on the floor when pushed together from either end.

This is how the Cape Fold Belt Mountains were created, as we see them around us now. However, our coastal villages are conveniently situated on relatively flat land, which can be explained as another part of our beautiful local geomorphology.

Sea levels have varied considerably over time. About

20,000 years ago, at the height of the Ice Age, the sea level was approximately 100m lower than it is now. At the time, the whole of False Bay was an exposed dune field, with the coastline situated well to the south of Cape Point and Hangklip. However, prior to that, more than 2 million years ago, the sea level was much higher than at present; the Cape Flats were under water and the Cape Peninsula was a series of islands. At this time, sea level lapped at the very

foot of the range of mountains that tower over us. Evidence of this can be seen in a number of places where ancient dune rock is found, 30m above the present sea level, containing debris of old living marine organisms – sponges

and sea urchin spines, for example. There is also a boulder beach near Kogel Bay, some 25m higher than the present boulders along the shore line.

With the fall and rise of sea level, an eroded 'wave cut platform' was created. It is on this more or less level landscape, all along the coast from Rooi-Elis to Hermanus, that some of the finest and most beautiful habitable places now exist. The most active geomorphological processes now at work are those that have formed and continue to shape the coastal dune systems, for example at Pringle Bay, Betty's Bay and Walker Bay. These dunes were only formed in the last few thousand years, since the end of the Ice Age

Dave Mourant



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Earthquake Risk To Pringle Bay

After earthquakes were felt in the northern parts of Cape Town on 26 and 27 of September 2020, the media were quick to relate these events to reports of a more significant earthquake earlier that evening. The earlier earthquake was 1 600 km away and measured 6.2 on the Richter scale. The Cape Town earthquakes measured 2.5. It wasn't long before the media reminded us that the Koeberg Nuclear Power Station was built over a fault and that this all posed a terrible risk to Cape Town. A search on the internet would have convinced you that this was all true – and all related to the Milnerton Fault. This should be of concern to us, as the fault is located parallel to the R44 between Rooi-Elis and Bettys Bay – at least according to the map below. If Koeberg is at risk because of the Milnerton Fault, then so are we.

It almost seems a pity to spoil the plethora of internet reports and articles with a few important facts. In an era where fact-checking is an important skill, some rudimentary research points to the sensational headlines as being just that – sensational. None of the published geological maps of the Cape Town area indicate the presence of the Milnerton Fault. And these maps were prepared by some of the best geologists around. The same holds true for a series of recent geological books, including the excellent book by local resident John Rogers. Clearly there is an issue if highly credible geological work doesn't indicate the presence of the Milnerton Fault, but the internet presents it as fact.

So where does this information come from? My research indicates that it stems from an article written by Dr Chris Hartnady in about 2003 in which he reviewed earthquakes in Cape Town. Hartnady was an Associate Professor in Geology at the University of Cape Town before establishing Umvoto Africa some 20 years ago. He is the Technical Director at the consultancy and is involved in

the development of the Table Mountain Group aquifer for the City of Cape Town. He too is a well-respected geologist who has been around the block.

In his article, Hartnady explained that “during pre-design investigations for the Koeberg nuclear power station, a fault was mapped in northwesterly direction about 8 km offshore from the nuclear site, and it certainly also extends in a southeasterly direction beneath the Milnerton area. The Milnerton Fault may extend farther across the central Cape Flats and the north-eastern part of False Bay to a large fault exposed onland between Rooiels and Betty's Bay. If this correlation of the Milnerton and Rooiels faults is correct, then extensive newly-urbanised sectors of the Cape Flats in Mitchells Plain and Khayelitsha straddle an important seismogenic structure, which poses a threat to tens of thousands of citizens.” The inferences and lack of certainty presented by Hartnady are illustrated in his map where a stippled line is used to show the location of the fault – a convention used in geological mapping to distinguish between faults that have been mapped in the field and the inferred position of faults interpreted using available information.

In their review of the geological hazards for the proposed establishment of further nuclear power stations, the group of eminent geologists from the Council of GeoScience that prepared the report in 2007

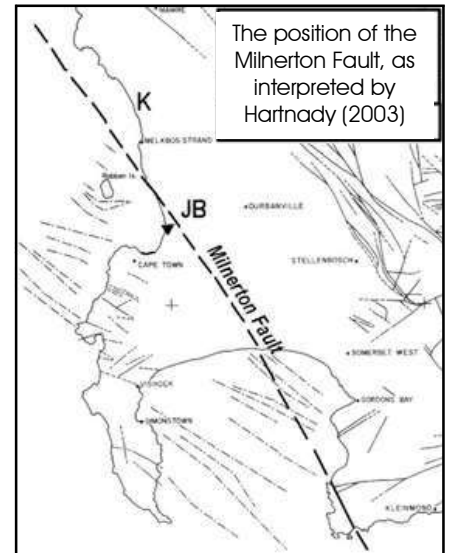
concluded “no new research has been performed to confirm or refute the presence of the (Milnerton) fault”. The same report recorded that “Dames and Moore (1976) concluded that enough circumstantial evidence exists for the presence of a NW striking fault offshore of Koeberg, but that it does not come closer than 8 km to the site”.

The Council of GeoScience's uncertainty about the fault is well illustrated in their recommendation that “the questions around the 1809 to 1810 seismic events and the existence of the Milnerton fault have to be further resolved”.

My search for peer reviewed scientific literature confirming the existence of the Milnerton Fault came up empty. Given the absence of any support for its existence on land and the

uncertainty and supposition reflected in the language of the various reports by the experts, I have to argue that the existence of the fault is doubtful. New scientific evidence may come to light confirming that the fault does in fact lie parallel to the R44 between Rooi-Elis, Pringle Bay and Betty's Bay, but for now I am comfortable that the Milnerton Fault – and any potential earthquakes relating to it – doesn't have to be on our radar.

Roger Parsons



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Nurdles !!!



So what are nurdles? These are small lentil-sized plastic pellets which are melted down and used in the process of making plastic items. Sadly, due to shipping mishandling, billions of nurdles end up in the ocean, creating countless problems within the marine ecosystem.

Nurdles are eaten by many organisms

mistaking them for plankton or other food. Once in the ocean, nurdles don't go away. Over time, they will break up into smaller and smaller particles, but will always be out in the environment unless removed by humans.

*Leila Gee
Pam Golding
Pringle Bay*

Pam Golding and Lemon + Lime partnered up to combat the nurdle beach pollution in Pringle Bay & Rooi Els. A R500 Lemon & Lime voucher was given to Aisha Adam (right) for her fantastic environmental efforts in collecting the most nurdles.





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An Eco School class out enjoying nature

all the needs of the community: the medical services are still available, the day-to-day maintenance like electrical services, plumbing services, etc, are still intact, the spirit of the community stays alive, and the needy and the elderly are being cared for by dedicated locals. The social networks in Pringle Bay and

Rooi-El's are alive and well. We as inhabitants are being kept up to date with the outside news and developments, some authenticated and others less trustworthy, but at least it gives us either a good laugh or it pours oil on the fire for a lively debate.

After the announcement of the lockdown to prevent the spread of the coronavirus disease, we realised how fortunate and blessed we are to live in a tranquil environment like Pringle Bay and Rooi-El's; "far from the madding crowd."

The local shops provide for

The community still abides by the rules for the lockdown as a result of the coronavirus disease pandemic, but at least we have clean, fresh air, space to walk around our houses and a caring community that follows up on vulnerable inhabitants, even if it is just a phone call, a WhatsApp message, or the security company popping around to the single dwellers, all of which is much appreciated.

There are some important reasons to invest in this area, which offers peace and tranquillity while being within easy reach of Cape Town, Somerset West, Stellenbosch and even Hermanus. We have homeowners who commute daily to these centres, giving them the best of both worlds. So why not create a totally new lifestyle for you and your family. With the development of technology, the opportunity to work from home is becoming more and more viable.

Pringle Bay has an excellent Eco School for the kids where the necessity of respecting nature and learning to be an entrepreneur is being taught with great success.

- *The local General Practitioner has her own dispensary. There are competent emergency medical services, several therapists to suit your every need, and psychologists.*
- *Between the local Mini Market and the two delis in Pringle Bay, the community has a wide variety of products for all its culinary needs.*
- *The restaurants and coffee shops are all of a high standard and attract patrons from near and far.*
- *Only 1 hour's drive from the Cape Town International Airport*

Apart from being located in the Kogelberg Biosphere Reserve where development is controlled, the area boasts a vast variety of fynbos and wildlife which is protected by all and sundry to keep the destruction of our natural habitat at bay. Pringle Bay is surrounded by privately owned smallholdings which are protected by very strict rules regarding subdivision and development.

Trudi Lötter

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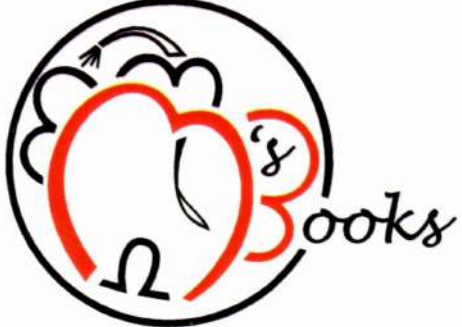
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Bring on the Street Lights?

Electrification came late to Pringle Bay – well as compared to other long established villages/towns. I understand it was only in 1993 that Eskom made an agreement with the Pringle Bay Ratepayers Association (PBRA) to supply power to the region. That decision to accept Eskom here went against the grain for a number of residents, but a compromise was achieved between the 'for' and 'against' camps. This was – power yes, street lights no.

Much of the motivation for this (lack of street lights) is the fact that we live in a transition/buffer zone to the Kogelberg Biosphere Reserve and there was a strong desire to keep the village “wild animal friendly”. So residents should restrict outside illumination in order to encourage the wildlife to move about freely after dark. I think that this was a great decision and showed great insight. And today I benefit greatly from this.

But I fear that this will not be the case for much longer.

Today we have an influx of new residents from the big Cities – indeed I am one of them. We come with our established City patterns of living. Soon we will be demanding street lights to ensure our safety and keep the criminals away. Well – the criminals won't give a Fynbos about street lights, but the animals will go away.

We will fence off our properties and keep dogs to deter the criminals. That's what we do in the City. The criminals will easily find a way around this but the wild animals will go away. No longer will we have the Grysbok, the porcupines and mongoose in our gardens – their fear of dogs, combined with street lights and, above all, fences will result in them retreating for ever.

Then we will clear our property and plant Kikuyu grass because lawns are neat and that's what we do in the City. What people don't know is that Kikuyu is pretty unfriendly to both local fauna and flora, greatly diminishing

the natural biodiversity. But that's what we do in the City.

We don't seem to have much empathy for nature in the City. But this lack of empathy, I think, stems from ignorance rather than a desire to harm the environment. Whatever the reason, we have been (and are) changing our environment very rapidly – ironically making it more like the City that we left behind to enjoy what's left of the natural environment of Pringle Bay.

I do not suggest that change should not happen – it will – but perhaps we should guide it more carefully. Build on the wonderful forward thinking that was prevalent in 1993 and maintain a

beneficial relationship with nature in our beautiful biosphere.

Where do we go from here?

There is perhaps a clear path forward. The first thing that should be done is a quick census, conducted by the PBRA, to see if this view is supported by a majority of the

community. If it is, as I strongly suspect and hope, the PBRA should develop and implement a strategy to keep those environmental aspects, which our community is enjoying, in place – and quickly!

David Lees Roelfe



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Hackers Keeping Invasives in Check



Residents of Pringle Bay are joined by many from Betty's Bay and Rooi-El's to form the Hackers of the Kogelberg group. And before you ask; no, this has got nothing to do with computer hacking! Hacking, in the context of our village, refers to our ongoing battle to eliminate the invasive alien vegetation threatening our amazingly biodiverse environment. The group of hardcore hackers meets up at least once a week to tackle certain projects; infested plots, farms or areas of ecological importance which need to be conserved. Each person decides for

themselves how much effort to put into any session and, while some enjoy operating chainsaws, more of us choose from a variety of other tools – loppers, poppers, hand-saws and secateurs – to take out the smaller plants, always remembering to apply the correct herbicide to the stumps. Apart from the obvious ecological importance of our efforts, and the benefits of physical exercise, hacking is an extremely social sport. During and after a hard morning's hack, the camaraderie is evident and the regular social interaction plays a critical part in the lives of all

hackers. For part-time residents and visitors who can't make the weekly hacks, there is an opportunity to join the Pringle Bay monthly hack, focussing specifically on our village and surrounds.

If you want more information about how to get involved, contact the convener *Chris Geldenhuys* at 082 900 8299, or get in touch through the *Hackers of the Kogelberg Facebook group*.

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Tim Case

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The Pringle Bay Baboon Troop

Not all newcomers are aware that Pringle Bay has its own resident baboon troop. It is a small troop by most standards, made up of the alpha male and alpha female (both wearing collars), adult females, a number of juveniles and sometimes babies, making up a family of about 18.

The baboons travel between Hangklip and the Pringle Peak area, sometimes moving through the village to cross the Buffels River to the

Rooi-Els side where they occasionally sleep. Their nightly roosting area in the mountains varies depending on weather and season but shifts between the Beach View site, Pringle Peak and near Hangklip.

You will see baboons crossing the road and foraging in gardens and alongside the road as they move through town. They have some favourite plants which they enjoy, like the pincushions and

bitou bushes (with the yellow flowers). These animals are opportunistic and they love human food! If they can pick up a loaf of bread or grab a handful of fruit, they don't need to forage for the rest of the day and can chill out. So, if there is a chance of snatching something from your table or even from your fridge, they will do so. If they can rip open your black rubbish bag, or open up your bin (if it does not have a baboon lock), they will.

While the Overstrand Municipality employs a number of monitors to try keeping the baboons out of town (and trouble!) as much as they can, our goal is the harmonious co-existence of residents / visitors and baboons. We believe that this is possible if we all play our part and keep to the three pillar approach of waste management, education and control.

Mike Meyer

Here are some basic and helpful baboon guidelines:



Be proactive:

- Write down the baboon hotline number, especially for emergencies: **072 028 0008**
- Join a baboon alert group on Telegram to know where the baboons are.
- Only use these alert groups for sharing baboon

movement information.

- Be aware of open windows and doors, even when you're at home. There is always a chance that the troop will pass by.
- If you're renting your house out, make sure your tenants know about the baboons.

Manage your waste:

- Know when the rubbish is collected, currently on Thursdays in Pringle Bay.
- Only put out your rubbish on this day and close to collection time if possible.
- Don't dump rubbish bags on the pavement, even on collection day.
- Always and only use baboon proof bins! (not just bags)

- If you have to miss collection day, drop your refuse at the dump at the town entrance.
- Let your tenants know.

General tips:

- Set your alarm when you're away, and lock all doors and windows, baboons are smart.
- Make sure someone can get into your house in an emergency; baboons leave a huge mess if they get comfortable.
- Smaller pot plants may be tipped over in the search for edible roots, bulbs and grubs.
- The babies can fit through tiny gaps, so be careful to secure your cat flaps.
- It is very important to

keep fruit and food out of sight and away from the windows.

- Harvest ripe fruit often and cover your vegetable gardens.
- Do not leave pet food out in the open.

What to do if baboons get inside:

- Try to stay calm, shouting causes them to panic and defecate.
- Keep pets shut in a room until the baboons have left.
- Do not corner them or block their exit routes.
- Don't threaten or take anything from them.
- They don't like water, so a hose or water pistol toy will often do the trick.

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Leopards In Our Backyard

As all those who visit our village will agree, Pringle Bay is quite a remarkable and unique place. Situated where we are with spectacular sea views all around and nestled between the fynbos-rich mountains of the Kogelberg, most permanent residents are more than happy to tolerate the often incessant wind and occasional gale force storms! In addition to incredible views, the Pringle Bay area is spoilt with a plethora of wildlife including the elusive leopards which frequent a number of caves nearby.

Over the years, we have collected an incredible amount of photographic evidence of these leopards (and many, many other animals) from two caves which we have been monitoring with a number of motion sensor field cameras. In the past year, we have identified three individuals from our photos; two females, Ruby and Rose, and one male, Diego. Whereas Ruby and Rose, both photographed over ten times, seem to be visiting both of our caves; Diego's wanderings have only taken him through one of them (at least four times!) As of yet, we haven't been able to work out their preferred routes... there doesn't seem to be a pattern to their visits, at least not an obvious one!

We were very excited to be visited by Jeannie Hayward of the Cape Leopard Trust (CLT) recently and she gave us an update on the various projects that CLT is currently busy with. She also joined our expedition to retrieve the photos from our cameras (and replace the batteries!) We were grateful for her guidance and support in our amateur-efforts and didn't hesitate to tap into her leopard knowledge and expertise, particularly where it comes to the challenging task of identifying individuals from their unique spot-patterns. The CLT has just begun a large-scale monitoring project for leopards in the Kogelberg Biosphere Reserve and we are very interested to see what findings emerge.

Currently, Pringle Bay and Rooi-El's are working together

to monitor our leopards but we are excited, and hopeful, at the prospect that Betty's Bay might be joining our monitoring efforts.

There is, however, one rather large point of contention; there are a number of members of the community who have been photographed in both caves despite numerous signs requesting that these caves not be entered. These intrusions not only waste the camera battery-life and storage, but also disturb the environment with scents and noises which discourage the natural comings and goings of leopards and other wildlife. We urgently request locals and the public to refrain from entering the leopard caves, particularly due to the important CLT monitoring project which we hope will provide valuable scientific information.

Every day we are reminded of the privilege we have of living in this wonderful place and it is our responsibility to continue living harmoniously with nature in this peaceful paradise!

*Adapted from article by
Jill Lockley and James Burns*



Photos of our leopards taken by a number of motion sensor cameras



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Lockdown Birding Tweets

On the Sunday 22 March that President Ramaphosa announced the national lockdown in response to the Covid-19 pandemic the next 48 days #stayathome made for unusual and strange times. Suddenly housebound and with plenty of time on my hands, I turned to 'garden birding' as a way of keeping sane!

First thing I did was organise two 'hides'. One was my bedroom where I could sit

discreetly in the early mornings and photograph my garden visitors and the second was out my office window which sometimes allows for a different perspective. Then the dogs tried to help when I sat at the top of our garden by flushing most birds, needless to say this tested my patience, but they also didn't get why their daily walks had dried up so suddenly.

Over the 21-day national lockdown I birded just about

all day every day, my list grew and I then spent hours downloading photographs (sometimes this involved over 500 photographs a day). Every single bird was special and every single day I was thankful to live in a special part of South Africa where I was surrounded by fynbos beauty and vistas of False Bay. My final tally was 50 unique species and although most are daily visitors, my delight in seeing a new bird and the challenge of getting a decent pic entertained me no end.

Roger helped, often spotting or hearing an unusual call.

I then became part of a global movement called #BirdTheFckAtHome whose sole mission was to find, celebrate and share as many backyard

birds as possible across the world; an initiative to encourage everyone to stay at home and help flatten the Covid curve. This initiative recorded over 3,700 species which meant a third of the world's species were seen while birding from home!

All in all, in this strange and unusual time, nature had a way of keeping me grounded. While anxious for folk we knew and for the world at large, this routine of appreciating the beauty of the fynbos and photographing our amazing bird life talked to my soul. I hope my musings and photographs will inspire you to sit quietly in your garden and see which birds are your daily visitors and possibly a love affair with nature will begin...

Jenny Parsons

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Therapeutic & Deep Tissue



Just a taste of the superb
birding to be had in Pringle
Bay and surrounds

Unexpected visitors

The first sign that something out-of-the-ordinary is going on is a soft growl from the dog, for no obvious reason. After a few seconds, the motion sensor light outside the back door clicks on. Pulling aside the kitchen curtain to see what triggered it and, looking down, one might spot one (or two) of the strangest looking creatures shuffling past and disappearing into the bushes. After a moment or two of hesitation, you realise that what just passed by was a porcupine! And it all happens much too fast to even think about calling someone to come see or let alone take a photograph. Incredible!

These cape porcupines are the largest rodents in Africa

and are among the many fauna species that roam the streets of our little village. Porcupines are, for the most part, nocturnal animals and you should count yourself lucky if you manage to spot one as they understandably prefer to avoid humans where possible. They do, however, seem to be quite social and are known to travel in pairs or small family groups. By far the most characteristic, and unique, feature about porcupines are the thousands of long spines and defensive, black-and-white quills that cover the backs of these stocky little animals. These spines usually lie flat against the back but, when frightened or angry, can stick straight up and make a



surprising rattling sound to scare off predators.

Porcupines are not all that popular with many of the residents in town. Their preferred diet is plant material; fruit, vegetables and bulbs, and the gardens in Pringle Bay are a real treat for more adventurous individuals. So if you're trying to grow veggies; don't be surprised if you wake up to find that these industrious animals have burrowed into your garden

during the night!

It is not uncommon to spot a porcupine while driving after dark or very early in the morning so keep a look-out and please obey the speed limit; porcupines aren't the only things you are endangering by speeding in Pringle Bay and the sharp quills will undoubtedly cause a lot of damage to your car and tyres should you run into one.

James Burns



30¢

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Transcend Trading @ The Art Zoo

Transcend Trading began as a mobile chill out and art gallery based in Amsterdam, roaming dance festivals throughout Europe, South America and South Africa. The concept soon evolved to include a plant based kitchen and smoothie bar to accompany a Glamping concept that was quickly lapped up by the European and South African markets.

Transcend's founder, Liezl, has always been a sun-chaser, and on one visit back home to South Africa, she discovered the beauty and magic of Pringle Bay. She decided to "set up camp" here, and after three years of moving between Europe and South Africa, she decided to settle permanently in Pringle. During those three years, Liezl herself went through a powerful personal journey, she became strictly vegan and invested herself wholeheartedly into the world of healthy and sustainable living.

In October, Transcend Trading exploded into the newly revamped Art Zoo space. The concept is one that embodies the lifestyle Liezl has adopted. Every product has been carefully selected based on it's ethical production, plastic-free packaging, organic ingredients and health benefits. The shop sells fresh, organic produce from local farms, hand-made cosmetics made from organic, indigenous ingredients, Super Foods produced in the Western Cape, hand-made vegan and egg pastas, organic tree nuts, scatter cushions made by a Capetonian Artist, hand-made jewellery and ceramics made locally in Pringle Bay, pieces of art by an emerging Pringle Bay artist and many more.

The store has a Kombucha Bar which serves "Elixir" Kombucha, produced in small batches by a local fermenter, in summer this bar will be open on Friday afternoons and Saturdays, there will be good music playing and delicious food available, and the team is eager to welcome everyone to

join them for some fun at the end of each week.

There is also hot vegan and vegetarian food served daily which is made with the ingredients sold in the shop. After a delicious vegan wrap one can indulge in a home-made vegan brownie served with a scoop of vegan or dairy ice cream!

The store's commitment is to maintain an eco-friendly, plastic free environment, producing minimum waste and maximum love, a meeting space where like-minded souls can come together to connect and share. They will be hosting vegan pop-up nights and cooking workshops as well as collaborating with the Conscious Kitchen and their fascinating foraging workshops.

This concept is a welcome addition to our village and the team is excited to welcome you all!



The Transcend team, the shop and scrumptious produce





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Taste Bud - The Story

I remember my late brother-in-law, Jose De Gouveia had quite a sense of humour. I recall him discussing the Lobolo issue with my dad; "Dad," he said, "when I married your daughter, you promised me 10 cows. I've been married for 18 years now, and only received 1".

My love for food actually started at a very young age, I remember attempting to cook a full roast for my parents when I was ten. I think it was more that love for food, than my legal status as a member of his "family" that Jose decided to include me into

the secrets of his inherited Peri-Peri sauce, which I believe he received and adapted from his "avó" back in Madeira, before he moved to South Africa.

Jose used to also make a paste with his sauce, which he loved covering little Spatchcock Chickens and allow them to marinate for at least 3 hours before grilling on a braai, a little trick he picked up from his trips to Mozambique. We came up with a nice blend of South African meets Mozambican meets Portuguese recipes, one of them you already know and love if

you've ever ordered from me.

This reminds me of

a time my wife, Vicky and I went hiking in Heidelberg and packed a picnic of Jose's, now famous, "Peri Peri Spatchcock Chicken" leftovers into sandwiches. We sat down to eat and take in the views, when not long after a lonesome horse appeared out of nowhere and decided to help himself to a sandwich. I wish I had a camera with me as his reaction was nothing short of spectacular. The chilly kicked in, his lips peeled back and all you saw were his large buck teeth, exposing one hell of a smile...well it was either him smiling or him realising he had just made a spicy mistake, which I'm sure he won't be making again anytime soon.

My "Sweet & Sour" recipe was also given to me by a good friend Percy Ling, originally from Hong Kong, and unfortunately also passed away. Percy had a

band called "Take Five", composed entirely of Chinese musicians and myself as the vocalist. Ok, I know what you're thinking, but they could sing well, they just preferred the sound of my voice better. This didn't help my dyslexia though, or maybe it did, you tell me. I remember we played at a Chinese Club in Cape Town and the night was going well, too well in fact, when one of our fans in the audience who may or may not have been well lubricated, decided he wanted a souvenir. He passed our clear lack of security, climbed on stage and helped himself to my Trusty Book of Lyrics leaving me to come up with my own words to the rest of Unchained Melody...come to think of it, they must've been all well lubricated fans as I don't think they really noticed.

More importantly however, was the spread of authentic asian dishes that satisfied our hunger after each performance and I would pester Percy and his wife, Pat, to give me their recipes with the Sweet & Sour sauce being one of them. Pat decided one day to humour me and gave me what was clearly missing something, which they had a good chuckle at my expense every time I brought it up. This never deterred me and eventually years later, she gave in and finally shared those missing ingredients with me in honor of Percy's memory. Their secret continues to be safe so the only way you will get to enjoy it is by placing another order with me, but at least you get to choose between Chicken, Prawn or Pork.

We fell in love with Pringle Bay when we moved here a year and a half ago, as much as we've fallen in love with all of you. We appreciate every bit of support and look forward to serving you again soon!

Doug Phillips



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Above left: Vicky - Doug's wife, above right: Jose - the Peri-Peri King, and bottom: Doug performing.




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Pringle Bay Art & Craft Route



Back Row from left to right: Marietjie Holloway, Maureen Graham, Arina Myburgh, Lesley Fullard, Monique Willard, Lynette Morris-Hale.
Front Row from left to right: Sue Ravenscroft, Lynne Thomson, and Jacqui Deane

“Inspiration exists, but it has to find you working”

Wise words by one of the most prolific artists to grace the history books, galleries and hearts of the world, Pablo Picasso. Words that easily describe a group of Pringle Bay residents who have shifted their journey of creative expression to the proverbial “higher gear” by joining the Pringle Bay Art & Craft Route (PBACR).

Belonging to this group automatically links one to its history, ethics and reputation. A PBACR member stands on the shoulders of the visionaries that initiated the Route in 2010 and nurtured it through the delicate starting years. We have since then developed into a group of creatives who are compelled to exceed expectations while pushing through the unique challenges of creating an artistic community that is sustainable. Many artists, myriad works of art, community projects and exhibitions have been built on the foundations that were laid by the founding members, Ina le Roux and Hannatjie Doorduyn.

There is a selection process that precedes membership, but if you are a resident of our picturesque Pringle Bay, you already tick one of the main considerations. Applications are now open for the 2021 membership and if you are interested to receive more information, you are welcome to contact us.

With the interesting changes that the past few months imprinted on our “normal”, Pringle Bay Art & Craft Route members used the time to refine creative goals and explore expression to develop a visual language for a unique time in history. We are now able to invite you to enjoy the fruit of the agony and ecstasy of our 2020 internal landscapes. From the 18-21 Dec, we host our annual Art & Craft Route OPEN STUDIO weekend in the Pringle Bay Community Hall.

Set aside these few days to enjoy an artistic journey with invited creatives from Rooi-

Els, Pringle Bay, Betty's Bay and Kleinmond. Obtain a complimentary map of the Route at the first venue that you visit and please keep it to refer to when visitors ask what to do and see throughout the festive season. As many of our members had a challenging financial year, your patronage will again be highly appreciated – supporting living artists makes sense!

Our work may also be

viewed at and purchased from La Galerie Art & Coffee Salon in Pringle Bay.

Contact the Chairperson,
Arina Myburgh
arinamyburgh10@gmail.com
or Vice Chairperson,
Lynne Thomson
lynnethomson.310@gmail.com

Dr Peter Dave

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Pringle Knitwits

The Pringle Knitwits are a devoted group of knitters & crochet-ers. They fall under the nationwide 67 Blankets for Nelson Mandela Day charity. The Pringle Knitwits have made many blankets as well as beanies, gloves & slippers for the needy in the Overstrand district; including Kleinmond, Grabouw and surrounds. At the beginning of each month they meet for a Knatter, to discuss progress, compare patterns and, of course, to eat as much cake and biscuits as

they can (it's to give them energy!)



Our latest challenge is to join 67 Blankets' aim of knitting enough blankets, in the South African colours, to form a massive Bokke picture. This spectacular creation will be as big as a rugby field and you will only be able to see the whole picture from a drone or plane. Each blanket will be a pixel in the picture. The main purpose, of course, is to make thousands of blankets for charity, but we are really aiming to win another award for this achievement and recognize our famous Rugby World Cup! Sia Kholisi will be at the unveiling to be held in KwaZulu-Natal in 2021.

Contact Gaenor Becker
083 289 1707



Front: Penny Berens, Annie Eatwell, Gill Edwards. Middle: Gaenor Becker, Carol Cuthbert, Monique Willard, Joan de Wet, Karin Burns. Back: Tina Pender, Anne Woods, Julie Lambson, Heather Morkel.



Pieter Wasserman

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Pringle's Own 'Generation Z Youth Group'

Pringle Bay's own 'GEN Z YOUTH GROUP' was launched on the 12th of October 2020 with the support of FIVE – Yes 5! – different generational age groups throwing their faith, wisdom, skills, creativity and youthful energy together to make this happen.

WHY GENERATION Z?

Born between 1995 & 2010, the teenagers and young adults of GEN Z are the 'digital natives' of our society, with no real memory of a world before the internet and smartphones. Pringle's GEN Z YOUTH GROUP is open to anyone from Grade 7 – Grade 12.

AND THE OTHER GENERATIONS? (Who said this piece wasn't educational!)

Elize Smit-Labuschagne from GENERATION X (born 1965 - 1976) chatted to the Church Council of PRINGLE BAY UNITED CHURCH under the visionary leadership of Gavin Graham from the 'SILENT GENERATION' (born 1925 - 1945 and raised during a period of war and economic depression), and some 'BABY BOOMERS' (born after World War II, between 1946 & 1964). She received their blessing and a mandate to forge ahead with the formation of a youth group, using the church as its home base. With talented MILLENNIALS (born 1977 - 1994) Timothy Paul Potgieter and Cecile Laroy joining forces with Elize, the team was ready to roll.... leaving some members of the ALPHA GENERATION (born after 2010) with long faces, as they have to reach Grade 7 before they can join in the fun.

WHEN & WHERE?

The GEN Z YOUTH GROUP meets every week on Monday @ 17:00 at the Pringle Bay United Church in Park Street.

WHY A YOUTH GROUP, ELIZE?

"For me, 2020 started with a miracle. My husband fell from a height of more than 3 metres and was critically injured. He survived a host of injuries, extensive internal bleeding, organ failure, hypothermia and several bacterial infections, making a full recovery. We see God's hand in this, as did every single specialist and doctor who has treated him. During Jan's extended stay in hospital, we were carried by the love and prayers of so many people in Pringle Bay. We are eternally grateful to them."

While Jan was in ICU, a 21-year old young man who'd been there for nearly a month lost his battle against a viral infection of the brain. A few weeks before he was healthy and fit, an excellent sportsman with great plans for his future, and suddenly he was just... gone. Even the battle-hardened ICU staff cried as his devastated mother, father and younger siblings said their last goodbyes.

Sitting next to my unconscious husband's bed, I was present when this talented young man's body was wheeled out, and I felt such an overwhelming sense of sadness for the loss of his precious life. Our lives, health, time and talents are a gift from God and I felt the calling to be more, do

more, especially for the young adults of our village who have such bright futures ahead of them."

As a trained actress and former agent for professional actors, Elize has a special affinity for young adults and has nurtured the talents of many young actors whose careers are now flourishing.

"I've raised a 'Gen Z' daughter who battled with depression as a teenager. She has a successful career today, but still suffers from anxiety. Along the way, I acquired some 'Millennials' – 5 step-children (and quite recently, 2 step-grandchildren). Talk about life experience! "

The enthusiastic leadership-team of the Gen Z

Youth Group welcomes your suggestions and constructive input. Every week's session will have a different topic, adding substance to the lives of our "digital natives" with a combination of fun and serious moments, creative activities, face-to-face discussions and the sharing of life skills – or 'skills for life'.

"Other than that, we just pray for wisdom and guidance on a daily basis!"

IS THIS FOR ME?

Why don't you come and chat to us on Mondays at 17:00 – make some new friends and see if you like it.

GEN Z'ERS, their parents and any other interested parties are welcome to call Elize at 083 410 9028 for more information.

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COVID Musings: a Lockdown Saga

The Flu epidemic in the early 20th century seems to pale in significance when compared to Covid-19, which is a world-wide affliction. We have abused our planet to such an extent that it seems that Mother Nature is fighting back against "People Pollution" and the damage we have done to our world, a battle which is pretty wonderful really. I have family and friends scattered around the world and have lost some of them to Covid-19. Horrible as it was, when we were at the height of full lockdown the reaction of ordinary people was brave and inspiring!

At the height of lockdown, Debbie Lee Best, a saxophonist of note, went onto her deck every evening and played for her neighbours, which I found wonderful. She is an example of South Africans at their best. Terry Kobus, an artist from

Hermanus, painted a portrait of Jan van Riebeeck on a music score as part of his Covid Anthem series for an online exhibition.

Those of us who were not earning a salary, and were in dire straits, were supported by many wonderful people such as Shirley Hansen and Cara Smith who brought food and hope to countless people here in Pringle Bay. The Mini Mart donated food to be distributed; Sunra Mostert of Fynbos Enterprises delivered her pizzas to people at their homes, assisted by Marcus Butler; Donna and Leigh Barnes did the same with their delicious food. Regular people also made donations of food and there were numerous ladies and gents in Pringle Bay who made soup every week to be delivered together with the bread and other food stuffs. We thank all these people for their generous donations!

One of the more attractive features of human beings is our sense of humour and a sense of the ridiculous! We are also great at whistling in the dark.

After I have been out wearing my mask, which causes my glasses to steam up, and when I get back into my car, I whip my mask off and the relief is akin to that of kicking off your shoes after a hard day's work. I am sure you all know the feeling!

One thing I found strange was people's fixation with toilet paper. I saw people with trolley loads of toilet paper! I expect that people with large families wanted to keep their children safe at home, but there were people, sometimes only a couple, who did the same. Passing strange!

Possibly one of the worst features of total lockdown was loneliness and a feeling of isolation, especially for single people like me. I had my cat, whom I love to distraction, and I found myself talking to him much more than usual



Clinging onto sanity in 2020
Photo: Tony Edwards

but I craved human company, regularly phoning and SMS'ing people. Virtually the only people I saw were Shirley Hansen and her crew who delivered food to my doorstep.

Thank heavens that the lockdown restrictions have eased up. I am sure we are all longing for the day when this whole nightmare is over!

Jacqui Deane

Below: a Covid mask made by Willem Stiglingh



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Behind-the-Scenes Heroes in the Pandemic Response

When the Covid19 lockdown was implemented, the word spread quickly; residents of Pringle Bay who no longer had jobs and were therefore left with no means of survival. A few concerned people jumped into action and a plea for donations was sent out on social media. Donations started to come in and a soup kitchen was started; 16 ladies and gents started making soup and others donated bread which was delivered to the recipients on a Monday and Wednesday. Some kind residents donated necessities like toiletries,

tinned goods, milk, sugar, coffee, tea, breakfast cereals, as well as cash donations. At this stage we were feeding 53 recipients.

Then, Ilse and Adriaan from the Mini Mart stepped in to help. Every Thursday, they donated fresh fruit, vegetables, meat or chicken, and with the other donations of food stuffs, we were able to deliver a hamper to these less fortunate residents. This would last them until the next soup run on a Monday. This went on for 4 Months. Slowly they were able to go back to work and fend for themselves.

A HUGE THANK YOU goes out to:

- 16 ladies and gents who so willingly made the soup.
 - The persons that donated the bread on Mondays and Wednesdays.
 - Mini Mart for their generous contributions.
 - All the residents of Pringle Bay that assisted with cash donations.
 - All the residents who made food donations.
- Please know that each and

every one of the recipients are extremely humbled and grateful to everyone that assisted in their survival over the months.

Without your care and support, this initiative could never have been so successful. Blessings to you all!

Shirley Hansen

Pam Ayres - A poem about the coronavirus

I'm normally a social girl
I love to meet my mates
But lately with the virus here
we can't go out the gates.
You see, we are the 'oldies' now
We need to stay inside
If they haven't seen us for a while
They'll think we've upped and died.
They'll never know the things we did
Before we got this old
There wasn't any FaceBook
So not everything was told.
We may seem sweet old ladies
Who would never be uncouth,
But we grew up in the 60s –
If you only knew the truth!
There was sex and drugs and rock 'n roll
The pill and miniskirts
We smoked, we drank, we partied
And were quite outrageous flirts.
Then we settled down, got married
And turned into someone's mum,
Somebody's wife, then nana,
Who on earth did we become?
We didn't mind the change of pace
Because our lives were full

But to bury us before we're dead
Is like red rag to a bull!
So here you find me stuck inside
For 4 weeks, maybe more
I finally found myself again
Then I had to close the door!
It didn't really bother me
I'd while away the hour
I'd bake for all the family
But I've got no flaming flour!
Now Netflix is just wonderful
I like a gutsy thriller
I'm swooning over Idris
Or some random sexy killer.
At least I've got a stash of booze
For when I'm being idle
There's wine and whisky, even gin
If I'm feeling suicidal!
So, let's all drink to lockdown
To recovery and health
And hope this awful virus
Doesn't decimate our wealth.
We'll all get through the crisis
And be back to join or mates
Just hoping I'm not far too wide

To fit through the flaming gates!

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A Hydro With World Class Equipment Opened Right Under Our Noses

In the picturesque town of Pringle Bay, I arrived at *Pringle Hydro Massage*. A little piece of the Black Forest right here in the Overstrand!

Julie, who runs it, met me at my car and I immediately sensed her warm, friendly personality. On the way to the door, we exchanged pleasantries.

She shifted the sliding door open, and I had to pause for a moment of astonishment. Pictures from the Schwarzer Wald (Black Forest) area in Germany decorate the beautiful, wood-panelled room with its antique-style chandelier and wall lights. On enquiry, I learned that it was from there that they got their inspiration.

"A few years ago Henry and I were on holiday in the Black Forest in Germany where we visited the Caracalla Spa," Julie told me. "Both of us enjoyed a fun and relaxing time in the water. After having been massaged with powerful jets in the warm water, Henry discovered his chronic back pain was gone, and it stayed away for four days. We got the idea to make that kind of experience available to others as well. We obtained the equipment we needed for it, and here we are."

They are now semi-retired right here in Pringle Bay with a little bit of Black Forest ambience – *The Pringle Hydro Massage*.

Warm water fingers tucking at the strings of your inner being.

When you visit *Pringle Hydro Massage*, you have to experience this feeling of hundreds of fingers seemingly massaging each muscle individually, from the smallest to the strongest; even stimulating your internal organs. It felt like this when I had my entire body massaged by the warm water fingers of the dry hydro-massage bed. The sensation was exotic. It felt as if I floated into the timeless indulgence of pleasure.

I then understood why the people raved about that bed so much.

"You must just wait a minute before you get up from the bed," Julie cautioned gently. It was just as well, for I felt like I floated and had to return to reality.

Could anything be this heavenly?

Once I have put on my swimwear in the room provided, I slipped into the warm water of the massage hot tub. It was heavenly. Softness, warmth, and an

incredibly pleasant sensation enveloped me as the variety of powerful jets massaged my muscles to a state of relaxed, painless suppleness. My mind gradually slipped away from everything that happened that day. Together with the gentle, ear-caressing music, I was taken into another dimension of complete relaxation.

It was only forty-five minutes, but this experience in the massage hot tub at *Pringle Hydro Massage* felt like an eternity. As I was drying, my body had this satisfied tingling to it - from head to toe, I felt relaxed.

"People come here for various reasons," Julie told me. "Regular massage on the bed or in the tub keeps Henry's chronic back pain at bay. You and your companion can have a fun time in the hydro-massage tub. Your relationship will be just as rejuvenated as your body." She smiled.

"How about bringing along a bottle of wine to enjoy with your partner in the hot tub?" I said. "This will put the cherry on top of this fairy tale experience.

You have the place to yourself. What you would enjoy is privacy. You and your

companion(s) will be on your own the entire time, only you and the person serving you. You will be enjoying each other's company, building relationships, discovering one another on a deeper level, being pampered by warm-water massage - no stranger touching you.

Enjoy refreshments together inside, or on the deck with its lovely views of the mountains and the bay. Enjoy a hot or cold drink with a sweet or savoury bite of your choice, accompanied by soft music and the rustling of a waterfall in the background.

I guarantee this will be a memorable time for you - both physically and emotionally.

So why are you waiting?

It is the ideal solution to stress relief - no chemicals to pollute your body. On top of it, you spend quality time with your companions.

If I were you, I would not delay. Believe me; you will hardly find something similar.

Contact Julie on
061 034 7241

Pringle

HYDRO

M A S S A G E

Appointments with Julie at

Cell: 061 034 7241

www.pringle.hydro.t-a-c.co.za

See our article on this page. Follow us on



KidsCan! Says "Thank You"

Since 201 when KidsCan! started as a one afternoon extra-mural music activity in the Kleinmond Community Hall, Pringle Bay residents have been overwhelmingly supportive! In 2010 the one afternoon activity developed into KidsCan! After School Care & Learning Centre which accommodated children every afternoon. In 2021, again KidsCan! will grow into an even bigger project when we open our second campus at Mthimkhulu to accommodate the many children who are on our waiting list.

Thank you, Pringle Bay residents, for your continued support! You are helping underprivileged and

vulnerable primary school children become contributing members of society as you enable KidsCan! to offer a safe and supervised after school care and learning centre where the children receive a daily meal, can improve academically and are given many opportunities for holistic self-development. Our learner-centred, educational programme also has these outcomes in mind:

- Improved attitude towards learning
- Improved school outcomes
- Improved school retention
- Improved matric results (long term)
- Reduction in risk taking behaviour



If you would like to contribute to setting up the KidsCan! @ Mthimkhulu Campus, please contact:
Hannatjie Doorduyn
082 974 2155
or Cara Smith
071 159 7929

For direct deposits please use "CAMPUS" as reference.

Bank: Nedbank
Account Name: Kidscan
Account Number: 1141 030071
BRANCH: Somerset Mall
Account Type: Current



Charity Shop
Donate, do not dump!

Contact:
Hannetjie - 082 974 2155
Nora - 072 925 0399

Protective Masks: Adults & Children
2 Outer Layers | Inner Filter or Filter Pocket

KidsCan! Fundraising & Job Creation Project

Available @ OK (Kleinmond)
Village Deli & Mini-Mart (Pringle Bay); Dr Donkin (Somerset West)

BAYTOWN.CO.ZA

Holiday Accommodation in
Pringle Bay, Betty's Bay and Rooi Els

email: bookings@baytown.co.za
website: www.baytown.co.za
phone: 082 566 4899
fax: 086 512 1322

meraki

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COLEEN JOHNSON
082 782 1497

IMPORTANT FACTS FOR LIFE IN OUR CONSERVANCY VILLAGE

Pringle Bay is situated within the buffer/transitional zone of the Kogelberg Biosphere Reserve (<https://www.kbrc.org.za/>) and it is important to think of the Biosphere as not only a floral kingdom but an entire ecosystem. The Kogelberg area was declared a Biosphere Reserve by UNESCO and Pringle Bay was awarded Conservancy status in 1998.

Tourists and holiday makers continue to visit our area because of the beautiful fynbos, beaches and the peace-and-quiet nature of our village. However, many of these incomers fail to adhere to the rules and regulations that exist. The reason for this is often ignorance and therefore we offer the following hints and information to help you better enjoy and preserve this paradise for yourself as well as all other Pringle Bay residents:

BABOONS

Baboons will try to enter a house if they see or smell food inside. Please keep all doors and windows closed if nobody is at home. Note that it is illegal to feed the baboons, harm or shoot them. More information on baboons in a article on page 18.

BEACH & SAND DUNES

Please help protect our sand dunes by adhering to the clearly marked pathways and refrain from creating new paths when you visit the beach. Please do not interfere with the natural growth of dune vegetation. Sand boarding can be enjoyed on the dunes at Silversands, Betty's Bay.

Visitors to our beach are encouraged to help pick up plastic and other litter washed up on the beach after storms. It can be a fun activity for kids!

When on the beach, remember that kelp washed onto the beach is a valuable resource that should not be removed. It is rapidly recycled by nature into the nutrients

which form an essential part of the food chain that supports sea life including the mussels and crayfish. Dry kelp along the edge of the dunes also plays an important role in embryonic dune formation and helping to stop wind erosion.

PETS

Leashes are compulsory when taking dogs for walks, even on the beaches. Please ensure that your pets do not constitute a nuisance or danger to fellow residents, birds and our precious wild life. When walking your dogs you have to clean up after them. Poop bags are available at our shops.

BIRDLIFE

We request visitors to please not interfere with the rare oyster catchers and banded plovers during breeding season. Areas on the beach are usually demarcated where there are nests. Please keep children and dogs away.

FIRES

Fires can be a major hazard in our area – fynbos burns very quickly. We ask that you exercise extreme caution when lighting fires (e.g. braai) and to avoid doing so at all times when the wind is strong. Please be extra careful to extinguish the fire COMPLETELY and not to let it die down on its own, as the slightest bit of wind can cause a wildfire. Under no circumstances should hot coals be dumped in the bushes, this has been the cause of many fires in our area.

FIREWORKS

NO FIREWORKS ARE ALLOWED. It is not permitted to discharge any fireworks or crackers in Pringle Bay or anywhere in the Overstrand area. The unlawful discharge of fireworks is not only a fire hazard to the summer fynbos but also impacts on animals and neighbours negatively.

WATER

Please use water sparingly as this is a very precious source in the Western Cape. We also ask that residents be patient in the event of pipe bursts and the consequent water outages. These are reported to the Municipality and are attended to as swiftly as possible.

LIGHTS

Lights are a pollutant, negatively affecting not only your neighbourhood but also the fauna. Outside lights should not be left on all night. Relax and enjoy the stars!

NOISE

You have come to Pringle Bay for the peace and quiet. Please respect this. Sound systems should be for your ears only!

DIRT ROADS & SPEEDING

You will be aware that many of the roads in Pringle Bay are dirt roads. These roads are often affected by heavy rains and tend to erode. We urge people to please drive carefully so as to ensure safety and not worsen the condition of these roads. The Municipality is aware of these issues and sees to it that our roads are maintained regularly.

Whether driving on dirt or tar roads, we caution all to drive slowly. Not only is it a residential area with children on skateboards and bicycles, but there are many birds and other animals (especially at night) which also make use of our roads.

SWIMMING

We request that parents be extra vigilant when taking the family to the beach over the holiday period - make sure that you know where your children are at all times. Please swim within the area designated by the life guards and follow their instructions. They are there to look after your safety and to ensure that your experience on the beach is a happy one.

WASTE & RECYCLING

We have an active recycling programme and would like to encourage recycling wherever possible. The white/clear plastic bags are for recycling clean glass bottles, paper, plastic and tins. Black rubbish bags are to be kept in baboon proof bins and placed next to the road for collection by the Municipality on collection day only (currently Thursday mornings). There is also a Waste Station at the entrance of the town. Please ensure that the bags are not left out in the open where dogs, mongoose and baboons will rip them open and litter the area.

There is a garden refuse dump site between Pringle and Betty's Bay, which should be used for disposal of vegetation only. It is illegal to dump it at the transfer site at the entrance. Building refuse must be taken to the transfer site in Kleinmond.

PROPERTY

We would also request you to please respect other people's properties. We have chosen not to have fences but that does not give anyone the right to walk through our properties.

PUMPING OF SEPTIC TANKS

Remember holiday periods are very busy months with many holiday makers visiting Pringle Bay, therefore please ensure that you make timeous arrangements to have your tank pumped – please do not leave it until the last minute.

COVID-19

And one last announcement, and hopefully not for too much longer; as we are all aware, there is still a global pandemic happening. We ask all visitors to be considerate and follow the guidelines relating to masks and social distancing. It is understandable that many have come to Pringle Bay for a much needed break from all the stresses of working life but the pandemic is not over yet and many permanent residents are still concerned about this unprecedented threat.



Pringle Bay Ratepayers Association

Website
www.pringlebayratepayers.co.za
General Queries
info@pringlebayratepayers.co.za
Chairman
chairman@pringlebayratepayers.co.za
Treasurer
treasurer@pringlebayratepayers.co.za
Secretary
secretary@pringlebayratepayers.co.za
Pringle Post
editor@pringlebayratepayers.co.za
Membership
membership@pringlebayratepayers.co.za
Conservancy
conservancy@pringlebayratepayers.co.za
Community Hall
jacqueswr@vodanail.co.za



Committee Members Contact Details

Elmarie Strydom	chairman@pringlebayratepayers.co.za	083 460 3694
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Ilse Meyer	ilsemeyer0211@gmail.com	076 787 8732

Please note that the contents of this magazine do not represent the views of the PBRA or its members.

ARE YOU A PRINGLE BAY RESIDENT OR PROPERTY OWNER?

If you live or own property in Pringle Bay, and are not a member of the PBRA, please provide us with your contact details, to be used for purposes of security and/or important communication. Email us or complete the first part of our member application form. All details will be kept confidential. To request or complete a membership form, please phone or email the Secretary or visit the PBRA website (details provided above).

Churches In The Area

Pringle Bay United Church Circle Road, Pringle Bay Sunday Service: 09h00 Bible Study: 09h30 Tuesdays The Rev. Gavin Graham 028 273 8172 Secretary: Dal Botha 084 700 1727	Lakeside Chapel Lakeside Drive / Wheeler Road, Betty's Bay Sunday Service: 09h00	The Anglican Chapelry of St Francis of Assisi Brigadoon Village, Betty's Bay Sunday Services: 09h00 Ladies Tea Group: 10h00, every second Saturday Men's Fellowship Breakfast 10h00, every second Saturday Maureen Smith 028 272 9115 or 083 447 7752 David Bossenger 028 272 9996 or 076 285 3983	Roman Catholic Church At NG Kerk Disa Way, Betty's Bay Saturday Mass: 17h30 Olivia - 083 578 2258	NG Kerk Gemeentesentrum Disaweg, Betty's Bay
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General Numbers

<u>Emergencies & Rescue</u> Overstrand Safety & Fire Emergencies Overstrand Services Emergency 24hrs Sea Rescue (NSRI) (or mobile) Pringle Emergency Medicines Pringle Bay Street Watch	028 313 8980 028 313 8111 063 699 2765 122 060 490 0874 076 396 6091	<u>Doctors & Chemists</u> Dr Audrey Ziesman PB or General Practitioners Kleinmond Albertyn Aptek Kleinmond Alpha Pharmacy Kleinmond	028 273 8069 071 687 3825 028 271 4227 028 271 4666 028 271 3320
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Pringle Bay Fire Fighters
Clayton Francis
072 129 9788

Police / Law Enforcement
Kleinmond (SAPS)
Municipal - Kleinmond
ASK Security - PB
Vetus Schola - PB
Pringle Bay Street Watch
028 271 8200
028 271 8400
028 273 8695
021 852 9009
076 396 6091

Ambulance
Provincial Services
EMR
EMO Strand
ER24 SomersetWest
Ambumed
Netcare 911
Pringle Bay Clinic
Accidents - Rescue
101 77
076 585 0899
072 996 6357
084 124
072 018 3478
082 911
060 490 0874
021 937 0300

Hospitals
Paardevlei Private
Hospital (Strand)
Vergelegen Medi Clinic
Hermannus Provincial
Hermannus MediClinic
021 840 6600
021 850 9000
028 312 1166
028 313 0168

Municipality
Basic Services Emergencies (waterpipes, potholes, vandalism)
Hangklip-Kleinmond
Hermannus
Fire & Rescue Emergencies
Law Enforcement complaints
(barking dogs, vagrants, dumping)
028 313 8111
028 271 8400
028 313 8000
028 312 2400
028 313 8996

Environment
Nature Conservation
Hack Group – Chairman
Aquatic Club PB
DEFF
Cape Nature
MAPU
028 271 8420
082 900 8299
083 227 3340
028 313 2703
082 453 0835
060 907 2326

Wildlife and Pets
Animal Welfare (KAWs)
Dr Peter Dave
(emergency)
Wildlife in Distress 24hrs
028 271 5004
028 271 4183
083 440 5191
072 652 2346

Snakes in the House
Francois van Zyl PB
Dan Van Graan PB
or
Johan Cloete BB
Marcus Butler PB
083 271 8809
083 463 9178
028 273 8902
083 460 2123
083 665 3945

Post Office
Betty's Bay
Kleinmond
028 272 9363
028 271 3100

PRINGLE BAY COMMUNITY HALL



Need a hall for hire?

A beautiful and well equipped community hall in Pringle Bay is available for weddings, seminars, fitness classes, birthdays, and more. We also rent out crockery, cutlery etc.

For more info and bookings please contact
JACQUES RATCLIFF 074 036 3416